







AIR FORCE WOUNDED WARRIOR (AFW2) PROGRAM

# COMMUNITY PROGRAMS WINTER NEWSLETTER

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HAPPY
NEW
YEAR
2023!!!

## Goodbye, 2022! Thanks for the Memories!

Let's take a quick look at what AFW2 has been up to in 2022.



AFW2 Staff and Warriors came together to build community, connections and resiliency through the various hybrid, virtual and in-person Care Events all year!

At Joint Base San Antonio, Texas they kicked off with Air Force Trials. Here they gave it their all and Team Air Force 2022 was created! Warriors and Coaches – gave it their all and trained hard!

Team Air Force went on to compete at the Department of Defense Warrior Games in August 2022.

## INVICTUS GAMES

Team U.S.A (made up of competitors from the Army, Navy, Marines, Air Force, Space Force and Special Operations Command) traveled to The Hague, Netherlands to participate in the Invictus Games. Competing alongside 16 countries it was a sight to be seen! Our partnership with other countries strengthened through the bonds of games, competition, and recovery! They represented the U.S.A. with pride and sportsmanship! Way to Go Team USA!!!

We Celebrated a Day Of Healing during the Joint Base Andrews Care Event. Where we focus on healing through art in all forms. What a great memory! What a year!!!





### **2023 Upcoming EVENTS and Resources**





https://www.elizabethdolefoundation.org/

The Elizabeth Dole Foundation is the preeminent organization empowering, supporting, and honoring our nation's 5.5 million military caregivers; the spouses, parents, family members, and friends who care for America's wounded, ill, or injured veterans. Founded by Senator Elizabeth Dole in 2012, the Foundation adopts a comprehensive approach in its advocacy, working with leaders in the public, private, nonprofit and faith communities to recognize military caregivers' service and promote their well-being.

**Resource Highlight:** 

THE WARRIOR SAILING PROGRAM <a href="https://warriorsailing.org/">https://warriorsailing.org/</a>

Getting military service members on the water can provide physical, mental, and emotional therapy for a variety of injuries and illnesses. Sailing is an outlet to cope with the long-term effects of PTSD, brain injury, amputation, paralysis, and nerve damage...plus it's a really fun way for our warrior sailors to express their most natural abilities: teamwork and competitive drive.

WARRIOR

SAILING

## PSYCH/ARMOR®

Access more than 250 military culture educational products for healthcare providers, Veterans, employers, military family members, and more.

https://psycharmor.org/

The Community Programs team would like to share with all of you our **AFW2 Program Referral** form to better assist you, our warriors and caregivers. If you are in need of finding/connecting with resources, feel free to email us to receive the form. or you can find it on our webpage:

www.woundedwarrior.af.mil/Programs-and-Initiatives/Community-Programs/



#### The Independence Fund

Founded in 2007, The Independence Fund is committed to serving the Warfighter Community by providing innovative programs and services to support the physical, mental, emotional, and spiritual independence of our servicemembers, combat Veterans, their Caregivers, families, and those Allies who served in combat alongside our troops, through innovative mobility and adaptive technologies and therapies for combat Veterans; suicide prevention; caregiver and family support; and Veteran advocacy with the U.S. Department of Veterans Affairs, other government agencies, federal and state legislators, and other partners

**National** 

Resource

Directory

https://nrd.gov/

This directory is a searchable database of resources vetted for Service members, veterans, family members and caregivers.

#### Areas we focus on:

- · Adaptive Sports and Outdoor Recreation Opportunities
- · Caregiver and Family Support Programs
- · Home Modification and Equipment
- Resiliency and Personal Growth
- · Social Connections

AFW2 Community Programs Facebook

Community Programs Main Facebook Page www.facebook.com/afw2cp

Warrior and Families Social Connections Group www.facebook.com/groups/cpwafsc